

MEDICINE PLANT WORKSHOP

presented by the Desert Awareness Committee



Monday, February 16

10:30am - noon

Holland Center 34250 N. 60th St

Fee: \$35 registration required

www.hollandcenter.org

WHAT IS INCLUDED

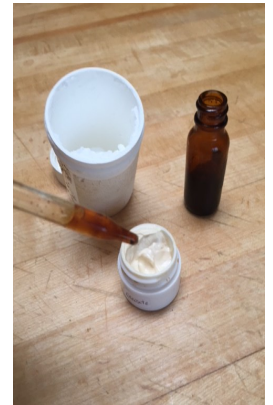
Become familiar with 12 desert plants used over the centuries by native cultures for healing and first aid.

Experience various methods of preparation and application at home and in the field.

Compare tinctures, ointments, and emollients

Make an ointment for topical use

Assemble your own medicine plant identification cards



For us “A Native America made product” represents a way of making products that has our people’s needs in mind. It is about being original, developing products with respect for our culture and the traditions that were passed on to us. It is about finding our voice and creating positive change.

Virginia Boone-Marcus, Navajo

